



## ELBA MARATHON 2025 REGULATIONS

The ASD Elba Runners, in collaboration with the Municipality of Campo Nell'Elba and the Municipality of Marciana, organizes the ninth edition of the Elba Island Marathon over distances of 42-21-10 km.

Place and date: Marina di Campo (Elba Island) Sunday 11 May 2025

Meeting point: 7.30am Piazza del Comune in Marina di Campo

Departure: 8.45am Marina di Campo Lungomare Mibelli (at the coop)

Arrival: Marina Di Campo – Piazza del Comune

Maximum time: 6h/42k – 3h15'/21k – 1h45'/10k

### REQUIREMENTS FOR PARTICIPATION

All athletes who have reached 18 years of age on the date of the event can participate.

#### COMPETITIVE PARTICIPATION FOR ITALIANS AND FOREIGNERS

Italians and foreigners who are members with:

- FIDAL
- holders of - RUNCARD and agonistic medical certificate valid for track and field
- SPORTS PROMOTION ENTITIES upon presentation of a copy of the membership valid for the 2025 season and the certificate of suitability for competitive activity valid on 11/05/2025. If the registration takes place before the renewal of the membership, the athlete must still send a copy of the 2025 renewal or substitute declaration as soon as possible of successful membership, on your company's letterhead signed by the President.

#### **Only the certificates for track and field will be considered valid.**

Upon registration the athletes declare themselves to be properly prepared for the competitions. The Italian athlete who has the medical certificate but has no memberships can use the UISP membership upon payment of 10€ and this will be valid for all the competitive races till 31.08.2025. The athlete must request this option to the organizer in advance, sending the copy of his/her agonistic medical certificate and pay together with the registration quote specifying it in the payment description.

#### FOREIGN ATHLETES NOT RESIDENT IN ITALY

##### COMPETITIVE PARTICIPATION

Athletes not resident in Italy who have reached the age of 18 on 11 May 2025 can participate showing:

- The copy of the membership to a foreign club affiliated to World Athletics
- Health form with which the athlete will be able to get the Runcard on [www.runcard.com](http://www.runcard.com) or a temporary membership with Asd Elba Runners.

## NON-COMPETITIVE PARTICIPATION

The foreign athlete who has no memberships with World Athletics and is without medical certificate can participate in a playful/touristic way.

**IMPORTANT:** Memberships of other federations such as FITRI, FIGC and so on, are not to be considered valid. The athlete who does not complete his/hers registration (medical certificate, membership) won't be considered as a competitive participant but just for fun, and there will be no award.

Upon registration, the athletes must send:

- A copy of the membership card EPS (uisp, acli +, aics, etc.)
- A copy of the agonistic medical certificate, released by a sports doctor and valid on the day of the event 11 May 2025.

As much as the organization arranges the first assistance medical staff, the athlete who feels in difficulty during the races should stop and let himself/herself be helped by the medical staff and should not continue the race.

In case of cancellation due to causes of force majeure, the organization won't refund the registration quote, but the athlete can participate to the same chosen race within 5 editions without payment.

The athlete relieves every responsibility from the organization about the own physical appropriateness to participate. Upon getting the bibs, the athlete must show a valid ID card and the medical certificate.

**All documentation must be valid on 11 May 2025.**

Bibs and chips will be given in Piazza del Comune in Marina di Campo. The competition pack will be given at the end of the competition, upon the return of the chips.

## HOW TO REGISTER TO THE EVENT

For single athletes: online through ENDU (see the website homepage)

For societies: send an email to [maratonaelba@gmail.com](mailto:maratonaelba@gmail.com) and ask for the excel module for groups. Eps societies must send also the declaration of membership on signed paper with the name of the athletes, stamp and signature of the President. Payment via bank transfer:

IBAN: IT12C0537274580000011021321

## SHOWER/BATH SERVICE

The bathrooms are located near the start and finish area with chemical toilets made available by the organization or at the public toilets in Piazza dei Granatieri di Sardegna about 150 meters away.

Shower service to be confirmed. At the end of the competition, a free shower service will be made available, reserved exclusively for the athletes, approximately 200 meters from the finish line, again in the port area (room temperature only) and at the il Capriccio bathing establishment (room temperature only), otherwise at your own accommodation facility.

## BAGS WITH PERSONAL CLOTHING

A free maintenance service will be set up for the bags containing the athletes' personal clothing located near the start/finish area of the competitions in Marina di Campo.

The only bags that athletes will be able to use to store their clothing will be those with the appropriate bib number provided by the organization. The bags must be marked with the appropriate sticker, present in the technical bag containing the bib.

They will then be deposited in a special area nearby, to be recovered after the race in the square of the Municipality of Marina di Campo, (near the finish line). The organization, while guaranteeing the utmost care in collecting and returning the bags, is not responsible for any losses for which no type of refund is provided.

## **AWARDS**

The first 3 men and the first 3 women will be rewarded with Locman watches, Garmin watches, Acqua dell'Elba perfumes and technical material;

As well as the top 3 men and women in each category, with scents of Acqua dell'Elba, technical material and typical local products.

\* CATEGORIES FOR MARATHON, HALF MARATHON:

- CATEGORY A (Seniors S/M -S/F) 18-34 YEARS
- CATEGORY B (Seniors S/M -S/F) 35-39 YEARS
- CATEGORY C (Seniors S/M -S/F) 40-44 YEARS
- CATEGORY D (Seniors S/M -S/F) 45-49 YEARS
- CATEGORY E (Seniors S/M -S/F) 50-54 YEARS
- CATEGORY F (Seniors S/M -S/F) 55-59 YEARS
- CATEGORY G (Seniors S/M -S/F) 60-64 YEARS
- CATEGORY H (Seniors S/M -S/F) 65-69 YEARS
- CATEGORY I (Seniors S/M -S/F) 70-74 YEARS
- CATEGORY L (Seniors S/M -S/F) 75-79 YEARS
- CATEGORY M (Seniors S/M -S/F) 80-84 YEARS

**\* For the 10 km, the top 5 overall finishers (men and women) will be awarded prizes.**

The awards will be given at the end of the events. At 12.30 pm the 10km, 1.00 pm the half marathon and 1.30 pm the marathon at the arrival area, Piazza del Comune (Marina di Campo). For faster companions and runners (who will have to wait longer for the awards ceremony), a stage with music will be set up from 1.00 pm, and the pasta party will open from 1.00 pm (free for athletes and companions).

- Prizes of any nature not collected at the time of the award ceremony, by the person awarded the prize or by his delegate, cannot in any way be collected subsequent to the time of the award ceremony itself.

## **MEDICAL ASSISTANCE**

An adequate health service will be set up and managed by the organization in collaboration with local bodies and assistance services. First aid stations will be available located at km 14 (Seccheto) and km 19 (Bivio Pomonte) and at the finish line, as well as ambulances following the race.

## **PARTICIPATION MEDAL**

All competitors who regularly cross the finish line will receive a participation medal.

## **PHOTOGRAPHIC SERVICE**

The photographs will be available for online purchase (in paper or digital format) 48 hours after the end of the event on the participation website [www.getpica.com](http://www.getpica.com).

## **FREE "MASSAGES FOR POST-RACE PHYSICAL RECOVERY" SERVICE**

The Sportler association brings together physiotherapists, masseurs and osteopaths qualified for post-race recovery, who will be present at the event. The service is offered to those interested at the end of their run and involves manual massage/mobilisation techniques, associated with the stimulation of peria-articular reflex-gene areas, for physical recovery and the management of typical pain in athletes, also in certain syndromes of overuse.

The therapist's knowledge of the fine mechanisms within the musculoskeletal functionality will allow the operators to also provide some advice/orientation, so that the athlete can integrate the notions into his training.

## **PARTICIPATION DIPLOMA**

All those classified will be able to print their participation diploma in the appropriate section of the site, starting a few days later.

## **COMPLAINTS**

Complaints must be sent to the organization by May 25, 2025, accompanied by the fee of €50.00 which will be refunded if accepted.

## **WITHDRAWN ATHLETES**

The race will be followed by vehicles responsible for the assistance service and the transport of those who have withdrawn. 2 stations (km. 12 - km. 20) will act as a meeting point for those who have withdrawn, who, compatibly with the progress of the race, will then be taken to the arrival area, where they can collect their clothing bag.

## **DELIVERY OF BIBS AND RACE PACKAGE**

The bibs will be distributed in Marina di Campo at the Piazza del Comune, where a special area will be set up for the occasion, on the following days:

Friday 9 May 2025 from 3pm to 6pm

Saturday 10 May 2025 from 10:00 am – 12:30 pm and from 3:00 pm to 6:30 pm

Sunday 11 May 2025 from 7:00 to 8:00

The race pack contains the official race shirt, event medal (at the end), participation diploma (at the end) for everyone.

For Marathon and Half Marathon there will be the addition of other sporting items.

**VERY IMPORTANT: PLEASE GIVE YOUR CHIP JUST AFTER ARRIVAL TO THE STAFF YOU WILL FIND BEYOND THE FINISH FINISH. THOSE WHO DO NOT RETURN THEIR CHIP WILL BE FINED 20 EUROS.**

## **SPECIAL OFFERS FOR HOTELS AND SHIPS IN ELBA**

Running the Marathon, the Half Marathon or the 10km on the Island of Elba is also a way to experience and discover the Island. <sup>[1]</sup><sub>SEP</sub> Very interesting tourist packages from Italy and abroad can be consulted in the section of our website.

## **IMAGE RIGHTS**

By registering for the 9th Elba Island Marathon, the athlete expressly authorizes the organization, together with sponsors and media, to use still or moving images in which he may appear during participation in the 9th Marathon of the Island of Elba or events related to it, on any type of medium, including advertising and/or promotional materials, without territorial limits and for an indefinite period.

## **DECLARATION OF RESPONSIBILITY**

By registering for the Elba Island Marathon, the athlete declares to accept the provisions of the regulations published on the website [www.maratonadellisoladelba.it](http://www.maratonadellisoladelba.it). This regulation will be valid for all races on 11 May 2025 or "9th ELBA ISLAND MARATHON, ELBA ISLAND HALF MARATHON, 10 KM OF ELBA ISLAND" and to be aware that participating in the event in question could be dangerous for my health. The athlete acknowledges that he/she should not register and participate if he/she is not medically fit and especially if he/she is not athletically prepared. By accepting the registration request, you assume all risks associated with your participation in this event, including all possible injuries related to travel to or from the event. I completely exempt the organizers of the event, the sponsors, the various voluntary groups and any other public or private entity that plays an organizational role in the event itself from any responsibility and I am aware that any fact or complaint caused by negligence on the part of the various parties cannot be traced back to the organization. Finally, the competitor declares under his personal responsibility, not only that he has declared the truth (art.2 law 01/04/1968 n.15 as amended by art.3 paragraph 10 law 05/15/1997 n.127), but to exempt the organization (the A.S.D.Elba Runners) from any liability, both civil and criminal, for possible damage to people and/or things caused by it or derived from it.

By accepting the regulations, the athlete declares to voluntarily register for the 9th Elba Island Marathon and to assume all risks that may arise from his participation. Athletes participating in the marathon are required to respect the rules of the Highway Code.

## **PRIVACY PROTECTION**

Pursuant to art.13 Legislative Decree. 30.6.2003 n.196 (hereinafter, "Privacy Code") and art.13 of EU Regulation n.2016/679 (hereinafter GDPR) (Consolidated Privacy Act) the organization informs that the personal data collected they will be used exclusively to prepare the list of participants, the various rankings and the archive. The same data may be used to send information material by the organization or its partners. By registering, the signatory authorizes the organization and all the entities listed above to use their images and/or videos relating to participation in the event for the promotion of the event on all national and international media without any remuneration.

## **FINAL WARNINGS**

In the event of natural disasters or other extraordinary situations that do not depend on the organizing association, they may lead to the cancellation of the event (to safeguard the safety of the participants) and this may take place up to a few hours before the start of the competition. In this case there will be no refund for the accommodation and registration fees. The C.O. reserves the right to modify any clause of this regulation at any time for reasons of force majeure.

A.S.D. Elba Runners - E-mail: [marathonelba@gmail.com](mailto:marathonelba@gmail.com) Web: [www.maratonadellisoladelba.it](http://www.maratonadellisoladelba.it)